

Prestige Journal of Counselling Psychology

Vol. 5, No. 2, September 2022

*A publication of the Association for the Promotion of
Innovation in Education (APIE)*

Copyright © Prestige Journal of Counselling Psychology, Vol. 5, No. 2 September 2022

ISSN: 2651-5687 (Print)

ISSN: 2651-5709 (Online)

Prestige Journal of Counselling Psychology is a publication of the Association for the Promotion of Innovation in Education (APIE).

All Rights Reserved:

No part of this Journal may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without a prior permission in writing from the Association for the Promotion of Innovation in Education (APIE).

Physical address

c/o Dr Mfon Eyo (Managing Editor)
Department of Guidance and Counselling
Faculty of Educational Foundation Studies
University of Calabar, Calabar
Cross River State, Nigeria

Editorial Board

Prof Malami Umar Tambawal
(Professor of Counselling &
Editor In Chief)
Faculty of Education and
Extension Services
Usmanu Danfodiyo University
Sokoto State, Nigeria

Prof Benedicta Nnodum
(Professor of Counselling &
Editor)
Imo State University
Owerri, Imo State, Nigeria

Dr Mfon Eyo
(Managing Editor)
Faculty of Education
University of Calabar, Calabar
Cross River State, Nigeria

Prof Elsie Umeano
(Professor of Educational
Psychology & Editor)
Faculty of Education
University of Nigeria, Nsukka
Enugu State, Nigeria

Prof Mohammed I. Yakasai
(Professor of Counselling &
Editor)
Department of Education
Bayero University, Kano
Kano State, Nigeria

For enquiries: prestigejournalseries@gmail.com
URL: <https://openaccessglobal.com>

Consulting Editors

Prof U. U. Bassey

Faculty of Education
University of Calabar, Calabar
Cross River State, Nigeria

Prof Patrick Eke Eya

National Open University of Nigeria
(NOUN)
Abuja

Prof C. P. Akpan

Faculty of Education
University of Calabar, Calabar
Cross River State, Nigeria

Assoc. Prof B. A. Bassey

Faculty of Education
University of Calabar, Calabar
Cross River State, Nigeria

Prof Nanram B. Longbap

Faculty of Education
University of Jos, Jos
Plateau state, Nigeria

Prof Elizabeth Egbochuku

Faculty of Education
University of Benin, Benin City
Edo State, Nigeria

Prof A. OmoOgun

Faculty of Education
University of Calabar, Calabar
Cross River State, Nigeria

Prof Awoyemi Adesoji Emmanuel

Faculty of Education
University of Ibadan, Ibadan
Oyo State, Nigeria

Prof J. C. Omeje

Faculty of Education
University of Nigeria, Nsukka
Enugu State, Nigeria

Prof Ngozi Ozarenren

Faculty of Education
University of Lagos
Lagos state, Nigeria

List of Contributors

Abu Egwa Ozegya (Prof)

Department of Special Education and
Rehabilitation Sciences
University of Jos, Jos
Plateau state, Nigeria

Abubakar Hamza Kaikai

Department of Education
Maryam Abacha American University
of Niger
Maradi, Republic of Niger

Ahmad Usman Gatawa

Department of Educational Foundations
Sokoto State University, Sokoto
Sokoto state, Nigeria
gatawaahmad@gmail.com

Aminu Sani, Ph.D

Department of Educational Foundations
Faculty of Education
Taraba State University, Jalingo
Taraba state, Nigeria
alamintsujalingo@gmail.com

Andrew Umo Abasi, Ph.D

Department of Science Education
Akwa Ibom State University, Ikot
Akpaden
Akwa Ibom state, Nigeria
andrewabasi@yahoo.com

Bassey Obeten Udumo, Ph.D

Department of Environmental Education
University of Calabar, Calabar
Cross River state, Nigeria

Christopher C. Ohanyere

Department of Social Science Education
Faculty of Arts and Social Science
Education
University of Calabar, Calabar
Cross River state, Nigeria
ohanyerechristopher@gmail.com

Clare Dajie Ochang, Ph.D

Inspectorate Department
Ministry of Education, Calabar
Cross River State, Nigeria

David Abua Opoh

Department of Science Education
Faculty of Vocational and Science
Education
University of Calabar, Calabar
Cross River state, Nigeria
abuadavid821@gmail.com

Denis U. Agiande, Ph.D

Department of Environmental Education
University of Calabar, Calabar
Cross River state, Nigeria
suremercies4me@gmail.com

Diana Gunggung Munidang

Department of Educational Foundations
Faculty of Education
University of Jos, Jos
Plateau state, Nigeria

Dorn Cklaimz Enamhe

Department of Social Works
Faculty of Social Sciences
University of Calabar, Calabar
dorncklaimz@yahoo.com

Eberechukwu Francisca Chigbu, Ph.D

Department of Guidance and
Counselling
Nnamdi Azikiwe University, Awka
Anambra state, Nigeria
ef.chigbu@unizik.edu.ng

Edna Nkechi Ofojebe, Ph.D

Department of Guidance and
Counselling
Nnamdi Azikiwe University, Awka
Anambra state, Nigeria
nkeyJesus@gmail.com

Francisca Eberechukwu Chigbu, Ph.D

Department of Guidance and
Counselling
Nnamdi Azikiwe University, Awka
Anambra state, Nigeria
ef.chigbu@unizik.edu.ng

Godfrey E. Ukpabio, Ph.D

Department of Educational Management
University of Calabar, Calabar
Cross River State, Nigeria
godfreyukpabio@yahoo.com

Grace Chinyere Nnadi, Ph.D

Department of Guidance and
Counselling
Nnamdi Azikiwe University, Awka
Anambra state, Nigeria
chycoo4real@yahoo.com

Grace Onyowo Ugboha, Ph.D

Department of Educational Foundations
Faculty of Education
University of Jos, Jos
Plateau state, Nigeria
mrsgraceabah@gmail.com

Helen Efeyadu Uzoekwe, Ph.D

Department of Guidance and
Counselling
Nnamdi Azikiwe University, Awka
Anambra state, Nigeria
efeyaduhelen@gmail.com

Iberedem Bassey Daniel, Ph.D

Akwa Ibom State College of Education
Afaha Nsit, Akwa Ibom State
ibedzman@yahoo.com

Isaiah Sunday Elemukan (Prof)

Department of Special Education and
Rehabilitation Sciences
University of Jos, Jos
Plateau state, Nigeria

Janet Motunrayo Eseyin

Department of Educational Foundations
Faculty of Education
University of Jos
Plateau state, Nigeria
eseyinjanet@gmail.com

John Arikpo Okri, Ph.D

Department of Science Education
University of Calabar, Calabar
Cross River state, Nigeria
okrijohn@yahoo.com

John Edwin Effiom, Ph.D

Department of Social Science Education
Faculty of Arts and Social Science
Education
University of Calabar, Calabar
Cross River state, Nigeria
johnedwin425@yahoo.com

Justina Nwokocho

Department of Psychology and
Counselling
Kaduna State College of Education
Gidan Waya, Kaduna State
nwokochajustina900@gmail.com

Kunle Jelili Amusan

National Open University of Nigeria
Port Harcourt Centre
Rivers State, Nigeria
kunleamus@gmail.com

Lengnen Jurmang Jikukka, PhD

Department of Special Education and
Rehabilitation Sciences
University of Jos, Jos
Plateau State, Nigeria

Manwul Jan Damulak

Otana Hearing and Edu-Health Services,
Jos
Plateau state, Nigeria

Martha Barnabas

Department of Christian Religious
Studies
Kaduna State College of Education
Gidan Waya, Kaduna State
marthabarnabas2019@gmail.com

Moses Kayode Ojo

Department of Special Education
University of Calabar, Calabar
Cross River state, Nigeria

Nelson N. Onwochei

Department of Educational Management
University of Calabar, Calabar
Cross River State, Nigeria

Nguwasen Patricia Mando, Ph.D

Department of Educational Foundations
and General Studies
Joseph Sarwuan Tarka University
Makurdi
Benue State, Nigeria

Nsibiet Uso Ekanem, Ph.D

Akwa Ibom State College of Education
Afaha Nsit, Akwa Ibom State
mmansibiet@gmail.com

Obazi Nkanu Inyang

Department of Social Science Education
Faculty of Arts and Social Science
Education
University of Calabar, Calabar
Cross River state, Nigeria
obaziinyang77@gmail.com

Obianuju Blessing Muokwelu, Ph.D

Department of Guidance and
Counselling
Nnamdi Azikiwe University, Awka
Anambra state, Nigeria
blessingchukwukwelu@gmail.com

Oteniya Mojeed Gbenga

Department of Science and Vocational
Education
College of Education
Al-Qalam University, Katsina
Katsina state, Nigeria

Patience Nwobodo

Department of Educational Foundations
University of Nigeria, Nsukka
Enugu state, Nigeria
ori198181@yahoo.com

Paul Ingiona Adie

Department of Curriculum and
Teaching
Faculty of Educational Foundation
Studies
University of Calabar
Cross River state, Nigeria
pauladie@unical.edu.ng

Peter Ndubuisi Chukwu, Ph.D

Department of Educational Management
Enugu State University of Science and
Technology (ESUT), Enugu
Enugu state, Nigeria
Peter.chukwu@esut.edu.ng

Richard Ekonesi Orim, Ph.D

Department of Science Education
Faculty of Vocational and Science
Education
University of Calabar, Calabar
Cross River state, Nigeria
unimkeekonsi@gmail.com

Rinlop Maxwell Gudam

Otana Hearing and Edu-Health Services,
Jos
Plateau state, Nigeria

Simon Terzungwe Guda

Department of Educational Foundations
and General Studies
Joseph Sarwuan Tarka University
Makurdi, Benue State, Nigeria
gudasimter@gmail.com

Solomon Agwanyang Aniah, Ph.D

Department of Educational Management
University of Calabar, Calabar
Cross River State, Nigeria

Sunusi Muhammad Kani, Ph.D

Department of Educational Foundations
Kano University of Science and
Technology
Wudil, Kano state, Nigeria

Tahir A. Abubakar

Department of Arts and Social Science
Education
College of Education
Al-Qalam University, Katsina
Katsina state, Nigeria

Umar Jirah Fwafu

Department of Guidance and
Counselling
Faculty of Education
Taraba State University, Jalingo
Taraba state, Nigeria
fwafuumarjirah@gmail.com

Victoria Simon Akpama, Ph.D

Department of Social Science Education
Faculty of Arts and Social Science
Education
University of Calabar, Calabar
Cross River state, Nigeria
vickysweetakpama@gmail.com

Vincent Obowu-Adutchay, Ph.D

Department of Guidance and
Counselling
Ignatius Ajuru University of Education
Port Harcourt, Rivers State
chrisbeloutreach@yahoo.com

From the Editor

On behalf of the Editorial Board, I am excited to present to the reading public the volume 5, number 2 of the *Prestige Journal of Counselling Psychology* (PJCP). We are thrilled that we are able to sustain the long established timeliness in publication, as this issue was published in September, 2022 as scheduled.

This issue of the journal is not different from the previous issues in terms of geographical spread of the authors across the length and breadth of Nigeria and beyond, and in terms of diversity of contents. With respect to geographical spread, this issue has articles from five of the six geopolitical zones of Nigeria, including South South, South East, North Central, North East and North West geopolitical zones. The geographical coverage has even gone beyond the shores of Nigeria, as we have an author from Maradi, Republic of Niger. This continuous expansion is heartwarming as it is a demonstration of continuous acceptance of our journal by scholars/authors and the reading public. Furthermore, since we are focused on satisfying our readers, we are delighted by the widespread of the authors as it facilitates our presenting the readers with diverse contents on multiplicity of scholarly issues, coloured by divergent background, locations and viewpoints of the authors.

While congratulating the authors whose articles were considered worthy of being published, may I enjoin those whose articles could not make it this time, not to be disillusioned but to strive to learn from the detailed comments from our peer reviewers. Finally, I hereby convey my very sincere appreciation to all the stakeholders that have made the timely publication of this issue possible, including the members of the Editorial Board, the consulting editors and peer reviewers, the authors, among others.

As it is customary of us, this issue of the journal has both print and online versions; the online version can be accessed at <https://openaccessglobal.com>. We can be reached via prestigejournalseries@gmail.com. Once again, welcome to volume 5 number 2 of the *Prestige Journal of Counselling Psychology*. Happy reading!

Prof Malami Umar Tambawal
Editor-in-Chief
Prestige Journal of Counselling Psychology

Call for Papers/Information for authors

Prestige Journal Series – print and online versions

Authors are hereby invited to submit quality articles in areas of counselling/psychology and education generally for consideration for publication in any of our peer reviewed quality journals - **Prestige Journal of Counselling Psychology (PJCP)** and **Prestige Journal of Education (PJE)**. The **PJCP** is published in March and September, while the **PJE** is published in June and December. Articles are therefore welcomed at all times.

Both journals are official publications of the **Association for the Promotion of Innovation in Education (APIE)**. The journals have both print and online versions, and both have been indexed in Google Scholar. It is important to note that APIE gives maximum visibility to your article, when published, as your article will also benefit from exposure to global audience. Contributors will also benefit from real-time access we will provide for the published articles, as our online platform is open access and entirely free for users. The Editorial Boards of both journals are seasoned and experienced professionals in the relevant fields. In addition to the print version, accepted articles will be published online at <https://openaccessglobal.com>

Guidelines to authors

Authors are encouraged to adhere to these guidelines as articles that do not meet these stipulations might be ignored or sent back to authors for compliance.

- ❖ The first page of the article should carry the contact details of the author(s) including functional phone number, email address and affiliation while the abstract/main article should begin from the second page.
- ❖ Surname of author(s) should be in bold font.
- ❖ The latest APA referencing style should be used.
- ❖ The abstract should not be more than 200 words in single line spacing, and five keywords should be provided below the abstract.
- ❖ The main article, including the abstract, **should not be more than 15 pages**. Please note that there are extra publication charges for extra pages beyond the recommended maximum of 15pages.
- ❖ Articles should be prepared using Times New Roman font, 12 points and double line spacing.
- ❖ Authors should use block paragraphing style, with double spacing between paragraphs.
- ❖ Empirical articles should be presented under the following headings: Introduction, Research Questions, Hypotheses, Methodology, Presentation of results, Discussion of the findings, Conclusion, Recommendations and References.
- ❖ Position papers should be presented under appropriate and relevant subheadings but with no numbering of the headings/subheadings.

Submission of manuscript: Articles for both journals can be sent at any time of the year as a Microsoft Word attachment to prestigejournalseries@gmail.com. Such article will be processed for the relevant volume/issue depending on the month of the year that the article is sent. We welcome articles all year round.

Additional Information: For more information, please contact us on prestigejournalseries@gmail.com or call the Managing Editor on 234 802 222 7311.

TABLE OF CONTENTS

Instructional Manipulatives and Students' Academic Performance and Retention in Mathematics in Mkpato Local Government Area of Akwa Ibom State, Nigeria Dr Andrew Umo Abasi, Dr John Arikpo Okri & Paul Ingiona Adie	1-13
Effect of Cooperative Instructional Strategy on Students' Academic Achievement in Chemistry in Public Secondary Schools in Abak Local Government Area of Akwa Ibom State Dr Nsibiet Uso Ekanem & Dr Iberedem Bassey Daniel	14-24
Demographic variables and Job Burnout among Primary School Teachers in Wamakko Local Government Area of Sokoto State, Nigeria Ahmad Usman Gatawa	25-35
Effects of Synthetic Speech Therapy on Expressive Language of Students with Hard of Hearing in Jos North Local Government Area, Nigeria Dr Lengnen Jurmang Jikukka, Manwul Jan Damulak & Rinlop Maxwell Gudam	36-46
Academic Staff Task Performance in Public Universities in Cross River State, Nigeria: Assessing the Influence of Recreational Resource Availability Dr Godfrey E. Ukpabio, Dr Clare Dajie Ochang, Dr Solomon Agwanyang Aniah & Nelson. N. Onwochei	47-58
Effect of Auditory Training on Sound Comprehension and Detection among the Hearing Impaired in Calabar Metropolis, Cross River State Prof Isaiah Sunday Elemukan, Prof Abu Egwa Ozegya & Moses Kayode Ojo	59-69
Family Variables as Determinants of Students' Geometry Performance in Ogoja Education Zone of Cross River State, Nigeria Dr Richard Ekonesi Orim, David Abua Opoh & Dorn Cklaimz Enamhe	70-83
Imperative of a Safe School Climate for Effective Teaching and Learning Outcomes in an Era of Insecurity in Nigeria Dr Denis U. Agiande & Dr Bassey Obeten Udumo	84-96
Effective Methods of Teaching and Learning: Developmentally Appropriate Practices in the Nigerian Early Childhood Pre-Primary Education Janet Motunrayo Eseyin	97-105

Influence of Parental Education Position on Students' Academic Performance in Public Senior Secondary Schools in Abuja Municipal Area Council, Nigeria Kunle Jelili Amusan	106-114
Prevalence and Management of Hernias among Residents of Jos Metropolis: Counselling Implications Dr Grace Onyowo Ugboha, Justina Nwokocha & Martha Barnabas	115-125
Role of Social Studies Education towards Meeting Democratic Leadership Challenges in Nigeria: Implications for Nation Building Dr Victoria Simon Akpama, Christopher C. Ohanyere & Obazi Nkanu Inyang	126-137
Factors Hindering Students from Accessing Guidance and Counselling Services Dr Helen Efeyadu Uzoekwe, Dr Grace Chinyere Nnadi, Dr Francisca Eberechukwu Chigbu, Dr Edna Nkechi Ofojebe & Dr Obianuju Blessing Muokwelu	138-145
Guidance and Counsellors' Roles in Equipping Nigerian University Graduates for Employability and Competiveness in the Global Market Dr Eberechukwu Francisca Chigbu & Dr Sunusi Muhammad Kani	146-153
Assigned Responsibility and Promotion as Perceived Determinants of Teachers' Job Performance in Public Secondary Schools in North Central Geopolitical Zone of Nigeria Dr Nguwasen Patricia Mando & Simon Terzungwe Guda	154-163
Interest in entrepreneurial skills acquisition programmes and employability status of Social Science Education Students of the University of Calabar, Nigeria Dr Victoria Simon Akpama & Dr John Edwin Effiom	164-177
The Nature, Consequences and Prevention of Armed Banditry in Nigeria: Counselling Implications Dr Grace Onyowo Ugboha & Diana Gunggung Munidang	178-188
Perceived Influence of Guidance and Counselling Services on Career Choice among Students in Secondary Schools in Makurdi Local Government Area of Benue State Dr Aminu Sani & Umar Jirah Fwafu	189-200
Teacher's Influence on Scholastic Motivation of Adolescents in Secondary Schools in Enugu State Dr Eberechukwu Francisca Chigbu, Dr Peter Ndubuisi Chukwu, & Patience Nwobodo	201-210

Islamic Psychology: A Panacea for Addressing Crises in the Muslim-dominated States in Nigeria Tahir A. Abubakar, Abubakar Hamza Kaikai & Oteniya Mojeed Gbenga	211-219
Perceived Influence of Utilization of Evidence from Educational Research and Evaluation on National Transformation Dr Vincent Obowu-Adutchay	220-227